

2025 IMPACT REPORT

JULY 1, 2024 - JUNE 30, 2025

GOAL: ADVANCE HEALTH EQUITY FY2025 – FY2029 STRATEGY

Improve Maternal and Young Child Health	Promote Mental Health and Wellbeing	Advocate for Change	Fuel Innovation at TriHealth	
	FIVE YEAR IMPACT			
Reduce health disparities for Black and Hispanic women and young children ages 0-3	Improve mental health and wellbeing for populations experiencing disparities	Create and advocate for policies to reduce health disparities	Improve access to care and reduce health disparities	
OBJECTIVES				
 Grow a strong, diverse and coordinated maternal and young child health workforce Amplify innovative models of care and engagement Expand networks of support for women and young families 	 Increase access to mental health and wellbeing supports and resources Support the goals of Hopeful Empowered Youth (HEY!) Cincinnati 	 Grow collaborations and partnerships to advance policy change Elevate community voice and system barriers identified by grantees Be top of mind with elected, government and key stakeholders 	Support the strategic priorities of TriHealth	

IMPACT BY NUMBERS

Fiscal Year 2025



\$4,842,115 pledged for new grants



\$7,355,932 total grants payout



83,730 individuals served through bi3 grants



IMPROVE MATERNAL & YOUNG CHILD HEALTH



Fiscal Year 2025 Grantees

Black Maternal Health Week Blaq Birth Circle Cradle Cincinnati **Every Child Succeeds** Healthy Moms & Babes NyNi Inc. **Pregnancy Loves Company** Primary Health Solutions The Healthcare Connection The Mothership Institute Uzima Rejuvenation Station Women Helping Women YWCA





IMPROVE MATERNAL & YOUNG CHILD HEALTH





Community Metrics We're Tracking

Infant Mortality Rate:

- Rose slightly to 6.8 in 2024
 - Primarily driven by extreme preterm birth and sleep-related deaths
- Since 2013, when bi3 awarded its first grant to support the development of a new model of care for moms and babies, Hamilton County has had a
 29% decrease in infant deaths



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IMPROVE MATERNAL & YOUNG CHILD HEALTH



bi3 STRATEGIC OBJECTIVES



Grow the Maternal and Child Health Workforce





Expand
Networks of
Support for
Women and
Families

- 3,324 mothers
 received doula care
 and other prenatal
 supports
- 107 doulas trained and supported
- All Ohio doulas have access to Medicaid reimbursement

- **29% reduction** in infant deaths since 2013
- replicated across Ohio with support from the Department of Children and Youth
- Distributed **1,000 copies** of *Infant Mortality and Other Wicked Problems* and engaged in **7 speaking opportunities**, including the 2025 ACHE Congress on Healthcare Leadership

- 9,154 women
 provided support and safety from intimate partner violence
- More than 400
 attendees at 11 Black
 Maternal Health
 Week events to raise awareness and connect families to supports

bi3

PROMOTE MENTAL HEALTH & WELLBEING



Fiscal Year 2025 Grantees

Catholic Charities Central Clinic Christ Tabernacle **DAD** Initiative Hopeful Empowered Youth (HEY!) Immigrant and Refugee Law Center **IV-CHARIS** Jamaa Health Lighthouse Youth and Family Services Refugee Connect World Teen Mental Wellness Day





PROMOTE MENTAL HEALTH & WELLBEING





Community Metrics We're Tracking

Adult Mental Health Status:

14.8% of adults in Greater
 Cincinnati report their mental
 health status is not good
 (Compared to 14.7% nationally)

Youth Depression Rates:

 19.9% of students report feeling depressed all/most of the time (35% of Ohio students felt sad/hopeless)

Currently available data does not provide a complete picture of our community's mental health and wellbeing due to the lack of population-level metrics, time lags in data collection, and a narrow focus on mental illness rather than wellbeing.

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PROMOTE MENTAL HEALTH & WELLBEING



bi3 STRATEGIC OBJECTIVES



Increase Access to Mental Health and Wellbeing Supports and Resources



- **17,730 completed appointments** with TriHealth Behavioral Health Consultants
- 8,028 adults and youth, served through our community partners, gained access to mental health and wellbeing services and resources
- 83 middle and high schools participated in World Teen Mental Wellness Day (35% increase from 2024)

- 40 Youth Fellows provide leadership and guidance to HEY!
- Launched innovative pilots to drive youth mental health and wellbeing:
 - Schools of Wellness Initiative
 - Youth Mental Health Corps peer support program
 - Safe Spaces Assessment for nonprofits

Responding to Community Needs

• Awarded **four mental health grants** totaling \$500K supported immediate needs in the immigrant & refugee community

ADVOCATE FOR CHANGE



Fiscal Year 2025 Grantees

Children's Defense Fund
Groundwork Ohio
Health Policy Institute of Ohio
Ohio Children's Alliance





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ADVOCATE FOR CHANGE



bi3 STRATEGIC OBJECTIVES



Grow
Collaborations
& Partnerships
to Advance
Policy Change





Be Top of
Mind with
Elected,
Government
& Key
Stakeholders

- Awarded four new grants to advocacy organizations to advocate for maternal and mental health throughout the state budget process.
- Facilitated information sharing between local doulas and Ohio Medicaid's Doula Advisory Committee
- Provided in-person and written testimony to advocate for the Governor's proposed budget that included increased support for mothers & young children
- Developed a new relationship with the Ohio Department of Children and Youth
- Had more than 15
 meetings with
 legislators to educate
 and advocate

FUEL INNOVATION AT TRIHEALTH



Fiscal Year 2025 Initiatives

Center for Health Equity
Fernside Center for Grieving Children
Integrated Behavioral Healthcare
Precision Medicine







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FUEL INNOVATION AT TRIHEALTH



bi3 STRATEGIC OBJECTIVES



Support the Strategic Priorities of TriHealth

Integrated Behavioral Healthcare

- 17,730 completed appointments with Behavioral Health Consultants
- **4,952 community referrals** by BH Care Navigator since 2022

Precision Medicine

- 25,291 patients provided genetic screening and/or counseling
- Launched DNA Discovery (first & only population genomics study in the region)
- Nearly 31,000 patients completed a cancer family history risk assessment during an annual gynecology visit.

Center for Health Equity

- 9,741 team members (70%) trained in unconscious bias
- Launched data dashboard to track health disparities within the system
- Piloted three quality improvement projects

Fernside Center for Grieving Children

- Served 1,353 individuals in support groups
- 92% of youth participating in a support group indicated at least one positive change in a difficult feeling or behavior
- Trained 1,479 helping professionals, including teachers (124% increase over FY24)

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School to Work

Graduated 125 students since 2019

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INVESTING IN TRUST-BASED PARTNERSHIPS

This approach builds trust and supports honest, values-driven program design. We believe this approach could serve as a model for equitable, trust-based funding. It honors proximity, values cultural knowledge, and creates the conditions for transformational, not transactional, partnerships.

- GRANTEE -





To date, Data for Equity (DFE) has supported **30 nonprofits** to better collect, understand and use their data to reduce health disparities.

Data for Equity gave us the space and time to reflect deeply and act more meaningfully on data, impact and evaluation.

- GRANTEE -

I am truly grateful to our grantees, board, staff, TriHealth, and local partners, who are committed to improving the health and wellbeing of ALL people in our region.

At this moment in time, we must remember that we are better together and that in challenge lies opportunity.

- JILL MILLER -



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